



17 CME

Under the patronage of His Excellency
Minister of Health

Dr. Ahmad Al Awadhi

3rd KUWAIT ORTHOPEDIC CONFERENCE

Conference Chairperson

Dr. Owayed Almutairi

Trauma and Arthroplasty Surgeon, Jaber Al Ahmad Hospital

16-18

JANUARY 2025

Waldorf Astoria Kuwait



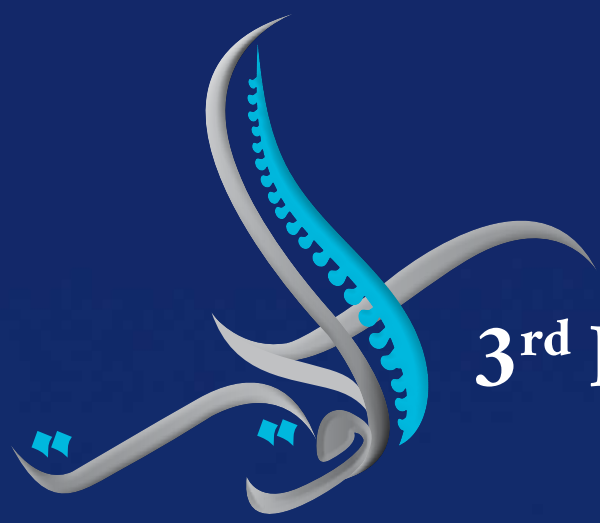
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CONFERENCE PROGRAM DAY-1 THURSDAY -16 JAN 2025

3rd KUWAIT ORTHOPEDIC CONFERENCE

Time	Activity	Faculty
7:30 - 8:00	Registration	
Session 1: Hand/Elbow surgery - Moderator: Dr Abdullah Al-Bazaz		
8:00 - 8:10	Radial-sided wrist pain	Dr Mohammed Boshahri (KW)
8:10 - 8:30	Practice of wrist arthroscopic surgery	Prof. Yukio Abe (JP)
8:30 - 8:40	Upper limb nerve transfer	Dr. Mohamed Abou Elatta (KW)
8:40 - 8:50	Hand Osteoarthritis	Dr Abdullah AlAwadhi (KW)
8:50 - 9:10	Pediatric hand examination & treatment: Tips & tricks	Dr. Christiana Savvidou (UAE)
9:10 - 9:20	Hand injuries challenges in occupation therapy	Dr Anfal Al-Huwaidi (KW)
9:20 - 9:30	Management of post traumatic elbow stiffness	Dr Naser Al-Nusif (KW)
9:30 - 9:45	Discussion & Questions	Dr Abdullah Al-Bazaz (KW)
9:45 - 10:00	Coffee Break	
Session 2: Knee - Moderator: Dr Abdulaziz Abbas		
10:00 - 10:15	Anterolateral ligament reconstruction improves the clinical and functional outcomes of anterior cruciate ligament reconstruction	Dr Fawzi Hamido (KW)
10:15 - 10:30	Meniscal root injury repair: why & when?	Dr Abdulaziz Abbas (KW)
10:30 - 10:45	All-inside ACL reconstruction	Dr Fahad Al-Khalaf (KW)
10:45 - 11:00	Patellar Instability: assessment & management	Dr Yousef Marwan (KW)
11:00 - 11:15	Epidemiology of hypermobility spectrum disorders in central orthopedic hospital; A red flag for orthopedic surgery & rehabilitation	Dr Najla Alsiri (KW)
11:15 - 11:30	Post ACL Repair rehabilitations; return to sports criteria & reinjury prevention	Dr Hannah Upton (KW)
11:30 - 11:45	Discussion & Questions	Dr Abdulaziz Abbas (KW)
11:45 - 12:45	Opening Ceremony	
12:45 - 13:30	Lunch Break	
13:30 - 14:15	Keynote lecture: Osteochondral lesions of the knee: Recent updates	Dr. Pablo Gelber (SPAIN)
Session 3: Shoulder - Moderator: Dr Mahdi Al-Saffar		
14:15 - 14:30	Management of acromioclavicular joint injuries	Dr Mohammed Bahman (KW)
14:30 - 14:45	Adhesive capsulitis; how to diagnose & treat	Dr Mahdi Al-Saffar (KW)
14:45 - 15:00	Rotator cuff calcific tendonitis: from diagnosis to treatment	Dr. Bader J Albesharah (KW)
15:00 - 15:30	Shoulder Instability	Dr Nicholas Aresti (KW)
15:30 - 15:45	Complex proximal humerus fracture treatment options	Dr Fawaz Al-Fahad (UK)
14:45 - 16:00	Discussion & Questions	Dr Mahdi Al-Saffar (KW)



CONFERENCE PROGRAM DAY-2 FRIDAY -17 JAN 2025

3rd KUWAIT ORTHOPEDIC CONFERENCE

Time	Activity	Faculty
7:30 - 8:00	Registration	

Session 1: Arthroplasty - Moderator: Dr. Aljarrah Aleidan

8:00 - 8:15	Non-collared uncemented femoral stem; is there a difference in outcome?	Dr. Mansour Sadeqi (KW)
8:15 - 8:30	Systemic Approach to painful total knee Prosthesis	Dr. Maged Shahin (KW)
8:30 - 8:45	Adult hip dysplasia	Dr. Orfan Arafah (KSA)
8:45 - 9:00	Bone loss in revision knee replacement	Dr. Orfan Arafah (KSA)
9:00 - 9:15	When to fix & replace acetabulum fractures	Dr. Aljarrah Aleidan (KW)
9:15 - 9:30	Discussion & Questions	Dr. Aljarrah Aleidan (KW)
9:30 - 9:45	Coffee Break	
9:45 - 10:30	Keynote lecture: Management of knee arthritis in the young patient	Prof. Hemant Sharma (UK)
10:30 - 11:15	Keynote lecture: Coronal plane alignment of the knee (CPAK): Update on classification & management	Dr. Ali Al Belooshi (UAE)
11:15 - 13:00	Prayer & Lunch Break	

Session 2: Trauma - Moderators: Dr. Owayed Almutairi, Dr. Ali Jarragh

13:00 - 13:15	Lessons learned from pelvis & acetabulum surgery (case based discussion)	Dr. Ali Jarragh (KW)
13:15 - 13:30	Trimalleolar fractures	Dr. Luckshemana Jeyaseelan (UK)
13:30 - 13:45	Cemented vs uncemented hemiarthroplasty	Dr Aljarrah Aleidan (KW)
13:45 - 14:00	Approach to fracture nonunion	Prof. Hemant Sharma (UK)
14:00 - 14:15	Gaza EMT missions; what we witnessed & what is needed from the medical community	Dr. Owayed Almutairi (KW)
14:15 - 14:30	Discussion & Questions	Dr. Owayed Almutairi, Dr Ali Jarragh (KW)
14:30 - 14:45	Coffee Break	

Session 3: Pediatric - Moderators: Dr. Mohammed Shehab, Dr. Ali Saleh

14:45 - 15:00	The spectrum of hip subluxation & dislocation in Children	Dr. Mohammed Lotfy (KW)
15:00 - 15:15	DDH screening in northern district of KSA	Dr. Naief Alghnime (KSA)
15:15 - 15:30	Biomechanical and bioelasticity analysis of the hypermobile knee: Insights from extensive research	Dr. Najla Alsiri (KW)
15:30 - 15:45	Club foot treatment in Kuwait (2007-2024)	Dr. Emad Mansour (KW)
15:45 - 16:00	Cavus & pes planus deformities management	Dr. Naief Alghnime (KSA)
16:00 - 16:15	Discussion & Questions	Dr. Mohammed Shehab, Dr Ali Saleh (KW)



CONFERENCE PROGRAM DAY-3 SATURDAY -18 JAN 2025

3rd KUWAIT ORTHOPEDIC CONFERENCE

Time	Activity	Faculty
7:30 - 9:00	Registration	
Session 1: Spine - Moderator: Ali Mardashti		
9:00 - 9:15	Spondylodiscitis "update on Management"	Dr. Ali Mardashti (KW)
9:15 - 9:30	Failed back surgery	Dr. Islam Alsayed (KW)
9:30 - 9:45	Selective thoracic fusion	Dr. Adnan Assad (KSA)
9:45 - 10:00	Complications of adult onset degenerative scoliosis	Dr. Saleh Baesa (KSA)
10:00 - 10:15	Surgical management of spine tumors	Dr. Humaid Al-Farii (OMAN)
10:15 - 10:30	Prevention of C5 palsy in cervical spine fusions	Dr. Saleh Baesa (KSA)
10:30 - 10:45	Discussion & Questions	Dr. Ali Mardashti (KW)
10:45 - 11:00	Coffee Break	
11:00 - 11:45	Keynote Lecture: Lessons learned from managing complex limb injuries	Prof. Gamal Hosny (EGY)
11:45 - 12:30	Research poster presentations (exhibition)	
12:30 - 13:30	Lunch Break	
Session 2: Infection /oncology - Moderator: Dr. Yousef Marwan		
13:30 - 13:45	Recent trends in management of chondrosarcoma	Dr. Eslam Al-Desouky (KW)
13:45 - 14:00	MSK oncology: when things don't go right	Dr. Humaid Al-Farii (OMAN)
14:00 - 14:15	Updates in limb reconstruction surgery	Prof. Gamal Hosny (EGY)
14:15 - 14:30	Role of nuclear scans for diagnosing bone infection	Dr. Fatmah Al-Ramadhan (KW)
14:30 - 14:50	Management of fracture-related infections	Prof. Hemant Sharma (UK)
14:50 - 15:00	Discussion & Questions	Dr. Yousef Marwan (KW)
14:00 - 15:30	Coffee Break	
Session 3: Foot and ankle - Moderator: Dr. Mohammed Alsafi		
15:30 - 16:00	Ankle fractures in diabetic patients	Dr. Mohammed Al-Safi (KW)
16:00 - 16:15	Ankle Arthritis: fusion vs arthroplasty	Dr. Luckshemana Jeyaseelan (UK)
16:15 - 16:30	Deltoid ligament injuries & medial instability	Dr. Samir Abdulsalam (KW)
16:30 - 16:45	Modern Concepts in Treating Achilles Tendon Pathologies	Dr. Luckshemana Jeyaseelan (UK)
16:45 - 17:00	Foot and ankle: Complex cases	Dr. Mohammad Eid (KW)
17:00 - 17:15	Discussion & Questions	Dr. Mohammed Al-Safi (KW)
17:15 - 17:30	Closing	